



Highland Park Hospital
Health and Fitness Center®
in Buffalo Grove



Client:

Highland Park Hospital

Location & Contact Information:

1501 Busch Parkway
Buffalo Grove, IL 60089
847-229-0292 / phone
847-229-0293 / fax
www.hphfitness.com

Opening Date:

December 1997

Size:

61,000 Square Feet



Classes, Programs, and Services:

- Health screenings and sub-maximal health assessments
- Kidz in Motion
- Avani Yoga
- Bala Pilates
- Higher Gear Cycle Studio
- FitSmart
- Personal training
- Massage therapies
- Nutritional counseling
- Corporate wellness programs
- Logo shop
- Café



Medical Integration:

- Physical Therapy