



Loyola Center for Fitness



Client:

Loyola University Medical Center

Location & Contact Information:

2160 South First Ave, Bldg. 130
Maywood, IL 60153
708-327-2348 / phone
708-327-3513 / fax
www.loyolafitness.org

Opening Date:

November 1997

Size:

62,000 Square Feet



Classes, Programs, and Services:

- Health screenings and sub-maximal health assessments
- Special programs
- Basketball and racquetball courts
- Fitness services
 - Nutrition
 - Personal training
 - Lifestyle Coaching
- Lap pool
- Warm water exercise pool
- Massage Therapies



Medical Integration:

The Center is positioned on the LUMC campus to receive patient referrals from physical therapy, cancer center, orthopedics, primary care, women's services, and the other outpatient services.