



## Center for HealthFitness

Washington Township



### Client:

Virtua

### Location & Contact Information:

239 Hurffville-Crosskeys Rd.  
Sewell, NJ 08080  
856-341-8111 / phone  
[www.virtuafitness.org/wt](http://www.virtuafitness.org/wt)

### Opening Date:

January 2010

### Size:

45,000 Square Feet



### Classes, Programs, and Services:

- 25-meter indoor lap pool
- Modern circuit and free-weight training equipment
- Indoor cushioned walking/jogging track
- Warm water therapy pool
- Stretching area
- Group exercise studios
- Spinning® studio
- Kidz-in-Motion child care program
- Massage therapy
- Healthy café



### Medical Integration:

- Outpatient physical and occupational therapy
- Cardiac rehabilitation
- FitCare
- Moving On: A fitness and exercise program for cancer survivors
- Young at Heart
- FitSmart: Center for Weight Management
- Part of a 220,000 square ft. medically integrated healthcare campus