



Live life to the fittest!



Client:

Beloit Memorial Hospital

Location & Contact Information:

5605 E. Rockton Road
Roscoe, IL 61073
815-525-4900 / phone
815-525-4905 / fax
www.northpointewellness.org

Opening Date:

November 2007

Size:

50,000 Square Feet



Classes, Programs, and Services:

- Graded cardiovascular capacity test
- Muscular strength and endurance assessment
- Health risk assessment
- Flexibility screening
- Body Composition analysis
- Resting blood pressure and heart rate
- Cholesterol and lipid profile
- Health education lifestyle programs
- Aquatics classes
- Yoga and Pilates
- Cardio Sculpt and Cardio Kick classes
- Group Cycling classes



Medical Integration:

Adjacent to the center is:

- PT
- Cardiac Rehab
- Urgent Care
- Physician offices